

## Vein Care Specialists Patient Health History Form

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_

**History of Present Venous Condition (Circle one):**

This is a new condition: N Y (if **no**, how long has it been bothering you? \_\_\_\_\_)  
How many hours **per day** are you on your feet? \_\_\_\_\_

<b>Do you have:</b>	<u>No</u>	<u>Yes</u>
Enlarged veins that are visible on your skin	N	Y
Achiness	N	Y
Throbbing	N	Y
Cramping	N	Y
Itching	N	Y
Heaviness	N	Y
Skin Discoloration	N	Y

Please rate your **Pain Level**: 1(very low)-2-3-4-5-6-7-8-9-10 (very high)

**Do you use pain medication for your leg pain/discomfort?** N Y  
(If yes, specify type of medication: \_\_\_\_\_)

**Do you use/have you used compression stocking?** N Y  
(If yes, specify type of stocking \_\_\_\_\_ how long \_\_\_\_\_ weeks/months/year)

**Due to symptoms above, are you limited in any of the following activities?**

	<u>No</u>	<u>Yes</u>
Work	N	Y
Housework (cooking, cleaning, etc.)	N	Y
Walking	N	Y
Shopping	N	Y
Sitting	N	Y
Kneeling	N	Y
Sports or hobbies	N	Y
Social Limitations	N	Y

**Have you ever had any of the following on your leg(s)?**

	<u>Affected Leg(s)</u>		
	Right	Left	Both
Injury that required surgery or casting	Right	Left	Both
Phlebitis (inflammation of leg vein)	Right	Left	Both
Bleeding from a varicose vein	Right	Left	Both
Vein procedure	Right	Left	Both

If you circle any of the above conditions, please provide details, treatment provided and the year it occurred: \_\_\_\_\_

**Do any of your blood relatives have a history of: (please mark all that applies)**

	<u>No</u>	<u>Yes</u>	<u>Relationship</u>
Vein surgeries	N	Y	_____
Blood clot	N	Y	_____
Varicose veins	N	Y	_____
Venous ulcers (leg sores)	N	Y	_____

**What are your expectations for today's visit?**

1. Evaluate leg pain and /or swelling
2. To learn more about my vein problem
3. To learn about surgical options for varicose veins
4. To learn about cosmetic options for spider veins
5. Other: \_\_\_\_\_

**REVIEW OF SYSTEMS (Circle all that apply)**

**SYSTEMIC**

	<b><u>Yes</u></b>
Fatigue/Weakness	Y
Recent change in weight	Y
Fever	Y
Chills	Y
Recurrent Infections	Y
Night sweats	Y

**EYES/EARS/NOSE/THROAT**

Eye pain	Y
Blurred vision	Y
Sore throat	Y
Sinus pain	Y
Hearing problem	Y
Nosebleeds	Y

**NEUROLOGICAL**

Dizziness	Y
Fainting	Y
Numbness	Y
Tremors	Y
Tingling	Y
Convulsions	Y
Headache	Y
Memory lapses or loss	Y

**RESPIRATORY**

Cough	Y
Wheezing	Y
Shortness of breath	Y
Blood in sputum	Y

**CARDIOVASCULAR**

Palpitations	Y
Leg pain with exertion	Y
Chest pain	Y
Ankle swelling	Y
High blood pressure	Y

**GENITOURINARY**

Burning with urination	Y
Difficulty starting stream	Y
Urinating at night	Y
Urinary incontinence	Y
Slow urinary stream	Y
Urinary frequency	Y
Blood in the urine	Y

**GASTROINTESTINAL**

	<b><u>Yes</u></b>
Abdominal Pain	Y
Constipation	Y
Diarrhea	Y
Nausea	Y
Vomiting	Y
Decrease in appetite	Y
Difficulty swallowing	Y
Heartburn	Y
Belching	Y
Bloating	Y
Change in stools	Y
Rectal pain	Y

**HEMATOLOGICAL**

Easy bruising	Y
Bleeding problem	Y

**MUSCULOSKELETAL**

Neck pain	Y
Diffuse joint pain	Y
Back pain	Y

**SKIN**

Rashes	Y
Itching	Y
Recurrent skin infections	Y

**ENDOCRINE**

Swollen glands in the neck	Y
Groin lymph node swelling	Y
Excessive thirst	Y
Temperature intolerance	Y

**PSYCHIATRIC**

Depression	Y
Anxiety	Y
Feeling Nervous	Y
Difficulty falling asleep	Y

**BREAST**

Breast lump	Y
Breast pain	Y
Breast reddening	Y
Nipple discharge	Y
Nipple inverted	Y
Asymmetrical	Y
Breast swelling	Y

Print Name: \_\_\_\_\_